

Unravelling Autism has been written in English and translated in Dutch. It is part 12 of the PICOWO series.

In *Unravelling Autism* Martine Delfos presents a brief introduction to autism. Autism is fascinating and so difficult to understand. Some of the confusion with respect to autism comes from the lack of distinction between what *autism* is and the circumstances that can foster *autistic behaviour*, such as neglect, severe trauma or a medical condition. For diagnostics and understanding this distinction is extremely important and Delfos makes it certainly more easy to understand this.

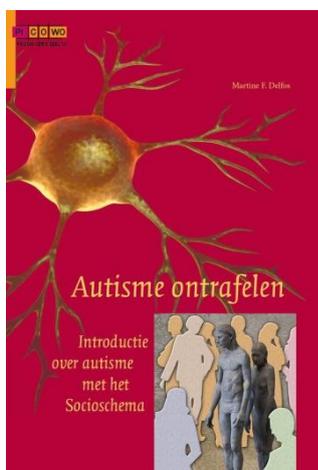
Delfos introduces the theory of the Socioscheme and the *MAS1P* (Mental Age Spectrum within 1 Person). This theory unravels that autism is an atypical development and not a defect or disorder. It is about a delayed (social area and senses) and an accelerated maturation of the central nervous system at the same time. This leads to the MAS1P which produces a rainbow of ages throughout the day: younger and older than their chronological age. New researches prove the old theories unsatisfactory and support the theory of the Socioscheme.

The clear description and the use of many examples make this book readable without sacrificing scientific and solid ground.

Dr. Martine Delfos is a bio-psychologist. She is a researcher, a therapist and a teacher. One of her fields is autism, with special attention to differentiating trauma within autistic behaviour from autism spectrum disorders. With respect to autism she helps to develop autism care in several countries.

Information on her work can be found on: www.mdelfos.nl

In his foreword to Delfos' first and still basic textbook on autism *Wondering about the world. About Autism Spectrum Conditions*, Tony Attwood wrote: *She reviews each of the theoretical fields of study and then describes our current landscape of knowledge as though from an observation balloon to provide a single explanatory model for autism. The project has been remarkably ambitious but the author has an encyclopedic knowledge of the academic literature and the various theoretical models, and extensive personal experience as a clinician. The author also has notable respect for those who have autism and Asperger's Syndrome and she is able to challenge and change attitudes as well as increase understanding.*



Autisme Ontrafelen is deel 13 van de Picowo-serie, waar de wetenschappelijke theorieën en modellen van Martine Delfos vervat zijn.