

Good Practices The Habitat Delfos Home www.delfoshuis.nl

Dr. Martine F. Delfos
PICOWO, The Netherlands
Habitat Delfos Home

OPAZ Ministry of Health, The Netherlands

UAEG's Universities Autism Expertise Groups

Em. Prof. Virtual Development of Youth, TSE/HES, The Netherlands

Vis. Prof. International University Sarajevo, Bosnia-Herzegovina

Vis. Prof. Universidad del Ecuador, Quito, Ecuador

www.mdelfos.nl



Autism?

Perhaps the most fascinating, not understandable condition there is.

Driving parents to deepest love and utter despair.





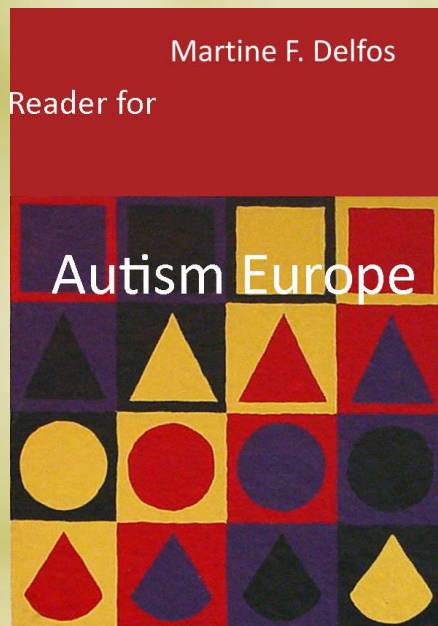
A new Good practice?

The Habitat Delfos Home

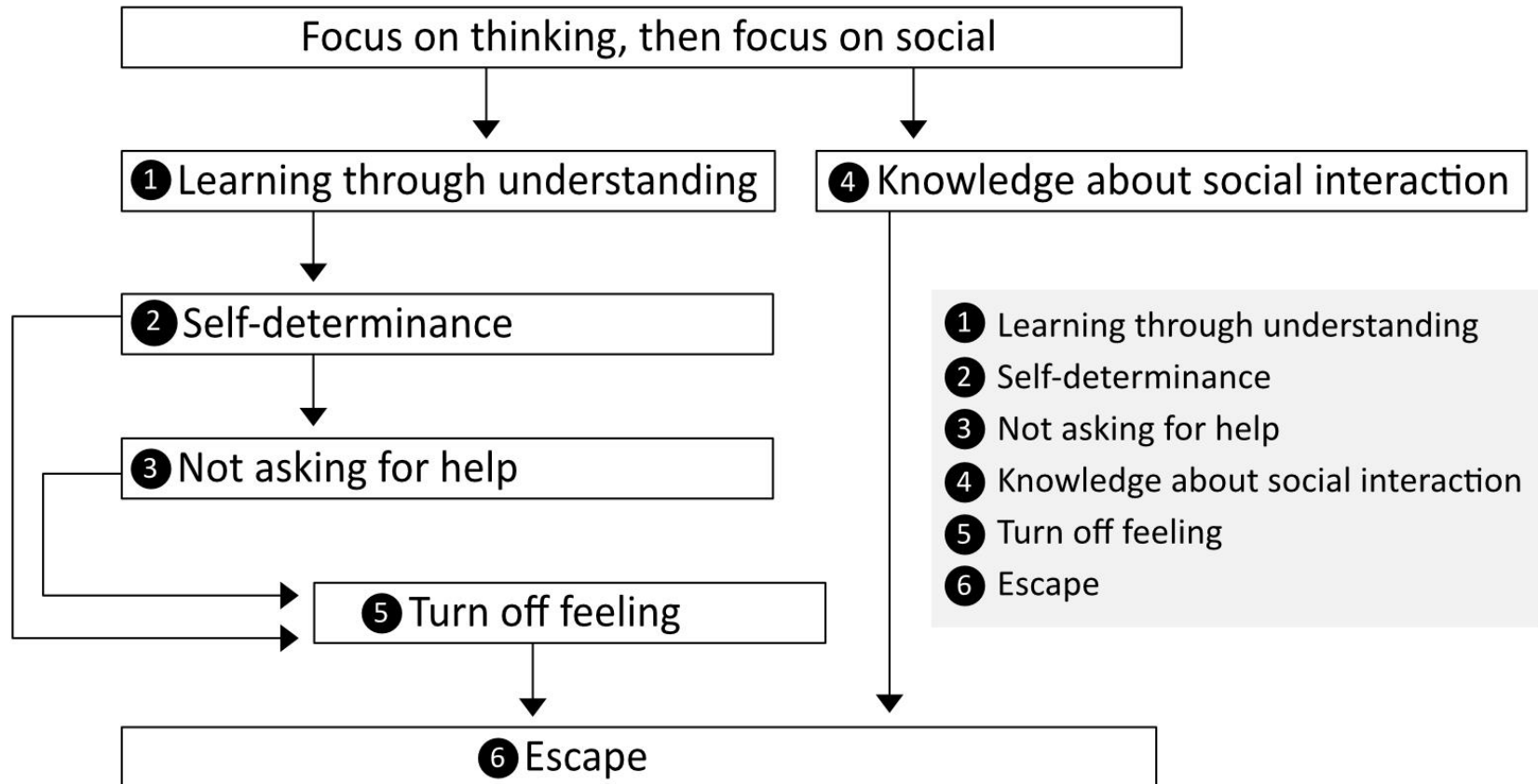
Based on a new theory and a totally different perspective.

The Socioschema with the Mental Age Spectrum within 1 person,
S-MAS1P

An accelerated and delayed brain at the same time,
resulting in older and younger mental ages in one person.



Characteristics of autism/ATD in the whole person



Dr. M. F. Delfos



A new theory

People with autism being thinkers and observers, and often childlike.

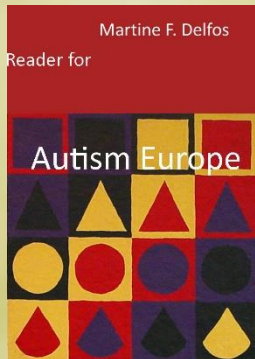
Their intelligence is high, despite the (often very) low measured IQ

We are 'indoctrinated' that the IQ measures *intelligence*, which it does not. It has been proven that the IQ-test does not measure intelligence, but weak spots in learning, like the designer, Alfred Binet intended.

Autism /ASS >

ATD –Atypical Development

> Thinkers





The basic plan of the Habitat Delfos Home - HDH

8 to 9 persons with autism,
who live with their parents, or in an institution
aged, in the first Delfos Home, from 19 to 35 years old,
who have the wish to develop, so that they can live independently,
whose parent(s) will work shifts together with the other parents;
professionals who work there based on the basis of availability
and based on the S-MAS1P theory:
a delayed and accelerated development of the brain at the same time.

The plan started summer 2022

The first 4 residents September 2023

In April 2024 there are 6 residents





Some Starting Points of the Habitat Delfos Home

People with autism/ATD have a hidden, above average intelligence.

People with autism/ATD learn by understanding first and practicing afterwards.

The most important problem with people with autism/ATD is that they are not understood.

The confrontation between the world and the person with autism/ATD
creates a deeply damaged self image

The social delay can easily be overcome, but NOT with ABA.

Healing the damaged self-image is hard work.



Let's call him John

IQ = 60, a deep intellectual disability

32 years old, not so much school education

His job is pointing out empty places in a bicycle storage

His facial expression shows he feels a loser

He recognizes the characteristics of the new autism theory

An animated, deep conversation follows

At the end of the conversation his mother says : *Finally, finally, finally, I see my son*

It feels safe that his parents remain in contact and will work in the Delfos Home

Being with others, who could become friends

Two weeks later he cooks the family meal

Playing board games together

Very important helper for the others

Does not hide his intelligence anymore

Developing a first real relationship with a girl

Very interesting job as a volunteer

He is proud of himself

Let's call him Peter

IQ = 55 (at 18 years old), a severe intellectual disability

22 years old, lived with his parents in different countries

His mother does not believe the IQ would be so low

He is great at arithmetic with high numbers

His parents were told that he could never achieve anything

And that it was bad parenting they made him believe that he could achieve things

His favorite subjects are math and physics

Before the intake, the mother reads with him the book on the new theory

He decided himself that he wanted to go to the Delfos Home

He is testing what you think about his ideas

Has great ideas about changing the world

The parents helped him develop what he was interested in: science and physics

They did not set limits in the social area such as cleaning his room.

Within half a year he starts developing social insight in the social skills he misses

Makes a friend in the Delfos Home

Starts cleaning his room, start cooking, asks others to tell him what he does wrong

Starts reducing medication he took since his 6 years old, and becomes calm, himself

He is proud to be a science man



Is this a miracle?

No

It was there already, hidden

Just a different, equalitarian approach

www.delfoshuis.nl

www.mdelfos.nl

